



Sample risk assessment

RISK	CONTROL MEASURE
Risk of falling due to overcrowding of the track	<ul style="list-style-type: none"> • A maximum of X classes does The Daily Mile at any one time • If necessary, consider a broad banded timetable, e.g. three classes before playtime, three after playtime, etc.
Inclement weather	<p>Children do The Daily Mile in most weathers:</p> <ul style="list-style-type: none"> • If it's cold or damp, children wear a jacket • If it's warm, children remove their sweatshirt • The Daily Mile is not done in heavy rain or if it's icy underfoot
Some children are wearing unsuitable footwear	Children with unsuitable footwear take part, but should walk if necessary.
Risk of falling on an uneven surface	If any part of the track is broken up, it should be repaired as soon as possible. In the meantime, children should walk where necessary.
Vulnerable children/children with mobility difficulties are doing The Daily Mile	These children are supported to take part and may need an individual risk assessment – this can be added into any risk assessment that is already in place for them.
Part of the track is out of the Teacher's sight	<p>Control measures depend on local circumstances and could include:</p> <ul style="list-style-type: none"> • Young children running at the same time as their older buddies • A 'Support for Learning Assistant' supervises part of the track • Vulnerable/younger children have extra adult support
Many of the children are unfit or overweight	Do The Daily Mile!