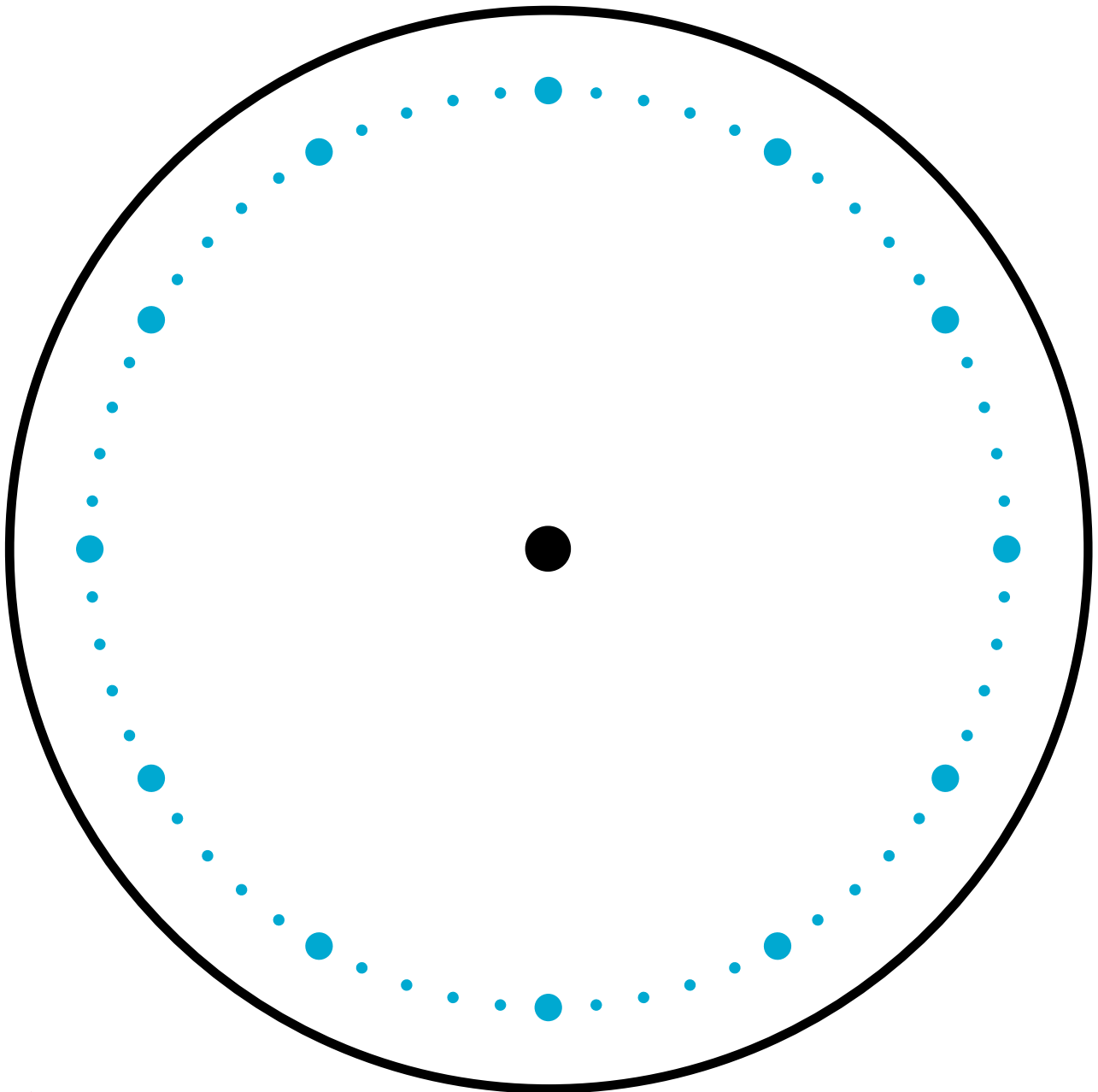


IT'S THE DAILY MILE TIME!

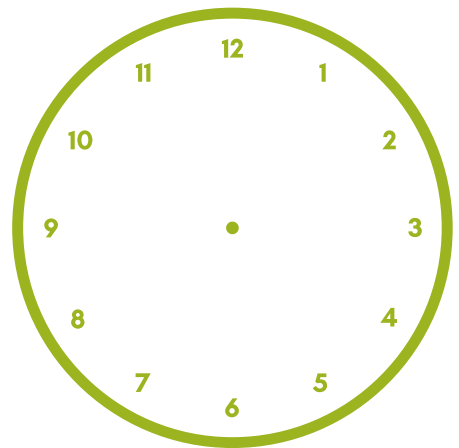
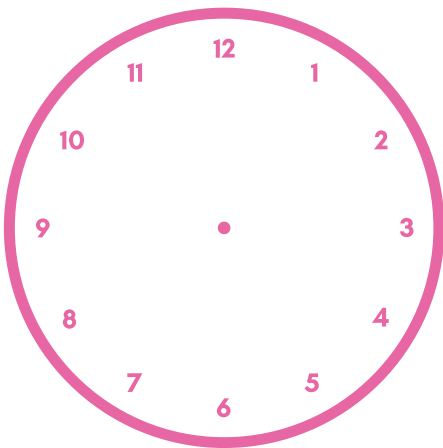
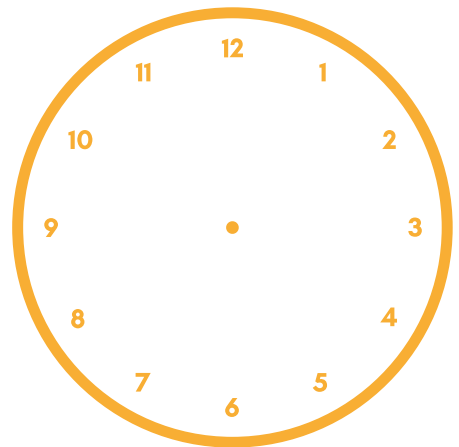
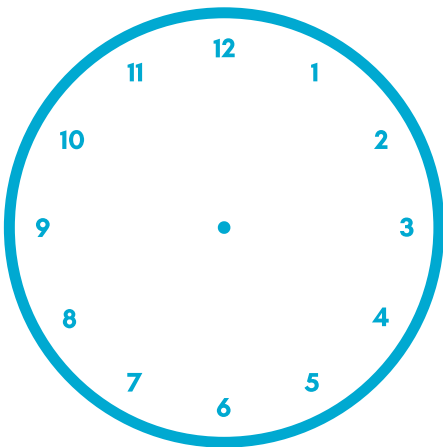
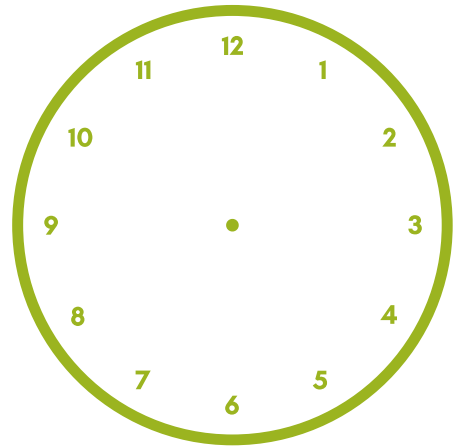
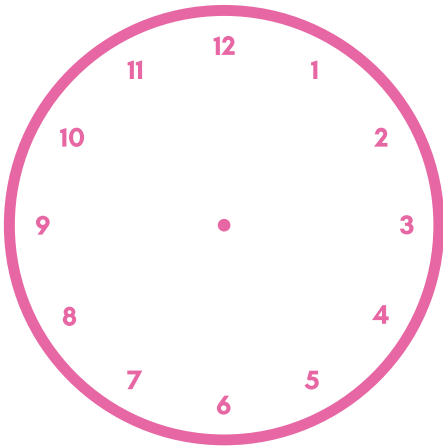


Directions: Cut out the clock, hour, and minute-hands. Use a thumbtack or pin to assemble the clock onto a board.



NAME:

DATE:





TEACHER RESOURCE

Use the example time problems below to teach time.



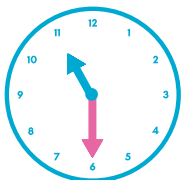
The Daily Mile is 15 minutes long. Use the clock to color or shade 15 minutes!



The Daily Mile is 15 minutes long. There are 60 minutes in 1 hour. How many times can you do The Daily Mile in one hour? (Hint: Use the clock to shade in intervals of 15-minutes, and count how many intervals you have.) Answer: 4 times



Draw 9:35 a.m. on your clock. Pretend that it's 9:35 a.m. now. Your teacher tells your class that you'll run The Daily Mile at 10 a.m. How many minutes do you have to wait to run your Daily Mile? Answer: 25 minutes



Draw 11:30 a.m. on the clock. Pretend that your class always runs its Daily Mile at 1:30 p.m. How many hours is it from 11:30 a.m. to 1:30 p.m.? Answer: 2 hours

Use the example math problems below to teach math.

There are 60 seconds in one minute. If you run The Daily Mile for 15 minutes, how many seconds will you run? Answer: $60 \times 15 = 900$

There are ___ hours (or ___ minutes) in the school day. The Daily Mile lasts for 15 minutes. What fraction of the school day is spent running The Daily Mile?

There are 180 school days in a year. If you run The Daily Mile each school day for 15 minutes, how many minutes will you have run at the end of the school year? Answer: $180 \times 15 = 2,700$

If we run The Daily Mile for 15 minutes a day for 5 days, how many minutes will we run? Answer: $15 \times 5 = 75$