



# ATHLETE CHALLENGE

Train to be your best with The Daily Mile Athlete Challenge. Challenge yourself to Do The Daily Mile for 4 days, then 8 days, and build up to 14 days. After you have successfully completed the challenge, print the Bronze, Silver, or Gold medal certificate to celebrate your achievement!





# CONGRATULATIONS!

THIS CERTIFICATE HONORS

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Name

FOR SUCCESSFULLY COMPLETING THE 14-DAY  
DAILY MILE ATHLETE CHALLENGE!

Date:

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# CONGRATULATIONS!

THIS CERTIFICATE HONORS

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Name

FOR SUCCESSFULLY COMPLETING THE 8-DAY  
DAILY MILE ATHLETE CHALLENGE!

Date:

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# CONGRATULATIONS!

THIS CERTIFICATE HONORS

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Name

FOR SUCCESSFULLY COMPLETING THE 4-DAY  
DAILY MILE ATHLETE CHALLENGE!

Date:

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