DAILY TEACHER WELLNESS CHECK IN

Check the box you most agree with for the questions below.

Questions:	Not at all	Slightly	Somewhat	Very	Extremely
l am confident my students learned today.					
I formed positive connections with my students.					
I gave and received support from my colleagues.					
I had positive interactions with parents.					
l improved my teaching abilities through a professional development opportunity.					

The Daily Mile 🕈 🗶 🍀