



My Daily Mile at Home

WINTER BUCKET LIST



Winter Blues

Do The Daily Mile with a friend or family member when you're feeling down.



Lovely Lights

Do The Daily Mile around your neighborhood to see the holiday lights!



Merry Movies

Do The Daily Mile and talk about your favorite holiday movie.



Toasty Toes

Do The Daily Mile in your favorite fuzzy socks & keep your toes warm.



Tasty Treat

Do The Daily Mile and then warm with with some hot cocoa.

