


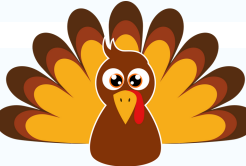


2024 The Daily Mile Countdown to Thanksgiving Break!



Have a thankful time doing the fun activities listed on the calendar while students do The Daily Mile. For those days marked "Scavenger Hunt," use the items below or use your own ideas.

- Apple
- Pumpkin
- Turkey
- Pilgrim Hat
- Fall Leaves
- Acorn
- Pinecone
- Corn
- Twigs
- Scarecrow
- Wreath
- Squirrel

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1  Pretend to steer an imaginary ship like the Mayflower during parts of the run, swaying side to side and waving to fellow "sailors."	2
3	4 Discussion: Would you rather have unlimited leftovers of your favorite Thanksgiving dish for a week or invite any historical figure to Thanksgiving dinner.	5 Pretend there are imaginary pumpkins along your Daily Mile route. Jump over them as you do The Daily Mile.	6 Scavenger Hunt! Pick two items from the list and try to find them! 	7 Tell a friend 5 things you are thankful for during The Daily Mile.	8 Story Prompt: You broke the turkey wishbone and your wish came true. What happens next?	9
10	11  Discuss with a friend: would you rather have pumpkin, apple, or pecan pie for Thanksgiving dessert.	12 Collect natural items like leaves, acorns, or pinecones along your route. Use them to create a Thanksgiving centerpiece later.	13 Do The Daily Mile at a steady and purposeful pace, like the Pilgrims on their journey to the New World.	14 Discussion: Would you rather stick to all your family's classic Thanksgiving traditions or create new ones this year?	15 Randomly shout "freeze" during The Daily Mile. Kids strike a pose representing a memorable Thanksgiving moment before continuing the run.	16
17	18 Scavenger Hunt! Pick two items from the list and try to find them!	19 Discussion: Describe your favorite Thanksgiving tradition with a friend.	20 Run like a turkey! Lean forward slightly and take quick, short strides, flapping your arms like turkey wings.	21 Scavenger Hunt! Pick two items from the list and try to find them!	22 Vote as a class what your favorite activity is and repeat it during today's Daily Mile!	23 Thanksgiving Break Begins!
24	25	26	27	28  Happy Thanksgiving!	29	30