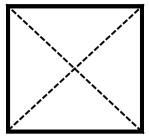
Instructions

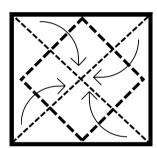
Encourage students to personalize their fortune tellers by coloring them and writing 8 messages inside. These messages can include Yes/No/Maybe responses or suggest various activities to engage in during The Daily Mile. For instance, they could write prompts like "Listen to the birds" or "Challenge yourself to notice 3 things around you."

1



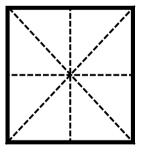
With pictures face down, fold on both diagonal lines. Unfold.

2



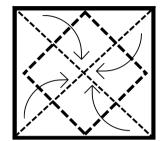
Fold all four corners to the centre.

3



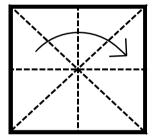
Turn paper over.

4



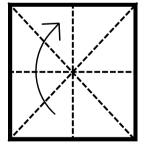
Once again, fold all corners to the centre.

5



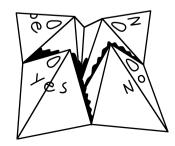
Fold paper in half and unfold.

6



Fold in half from top to bottom. Do not unfold.

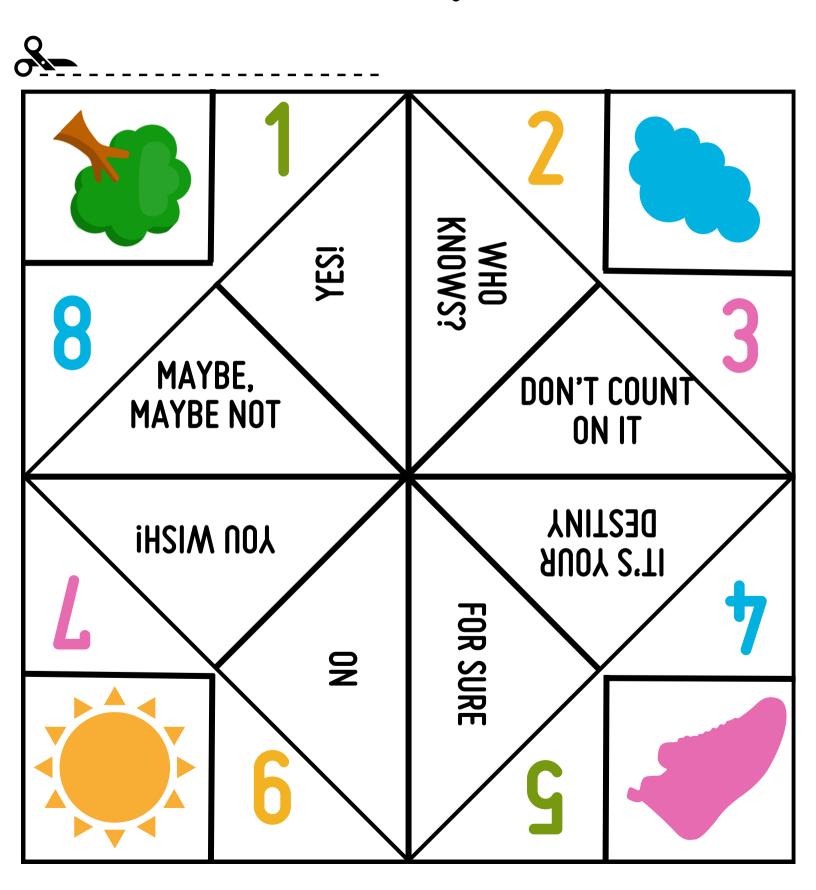
7



Slide thumbs and forefingers under the squares and move the fortune teller back and forth to play.



Example



My Daily Mile Fortune Teller

